

Prayers of Trust

Psalm 23, Mitchell Cruit

Review: A Practical Guide to Praying the Psalms

1. Read a Psalm twice slowly.
2. Ask the following three questions and write out your answers:
 - a. *Adore* – What did you learn about God for which you could praise or thank him?
 - b. *Admit* – What did you learn about yourselves for which you could repent?
 - c. *Aspire* – What did you learn about life that you could aspire to, ask for, and act on?
3. Turn your meditation – already categorized as adoration, confession, and aspiration – into personal prayer.

I. The Principle of Trust: This text is tailored to teach us that _____ the Lord is our _____, we can _____ him. (v. 1)

II. Adore: 5 Reasons to Trust the Lord (v.2-6)

1. The Lord shepherds us with his _____. (v. 2)
2. The Lord shepherds us with his _____. (v. 3, cf. Isa. 53:6)
3. The Lord shepherds us with his _____. (v. 4)
4. The Lord shepherds us with his _____. (v. 5-6)
5. _____ is the _____ shepherd, who _____ down his _____ for the sheep. (cf. John 10:11)

III. Admit and Aspire: 3 Ways We Can Respond to Psalm 23

1. You can respond by admitting you're a sinner in _____ of a _____, and you can _____ Jesus to save you from your sin and to bring you back to God.
2. You can respond by admitting ways you don't _____ the Lord to be your _____ and aspire to _____ the Lord.
3. You can respond by admitting that you don't _____ how the Lord has shepherded you and aspire to _____ the ways he has provided, guided, protected, and been present with you.